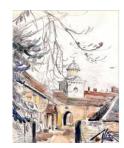
CREATIVITY INSPIRED RETREAT DAYS

Ever felt that you would like the world to stop and how lovely it would be to spend time in a place of tranquility? Exploring an art /craft activity you may not have done before? Then this is for you.



Turvey Monastery, Bedfordshire, is set in the grounds of Turvey Abbey and hosts five creativity inspired retreats a year . Each day consists of groups of 10-12 people, there's unlimited tea and coffee and a home cooked vegetarian lunch

Cost for the day is £50 and includes all the materials and refreshments

The day starts at 9.45am with a welcoming cuppa and ends around 3.45-4pm. After lunch we have a short period of meditation after which you can either continue the morning activity or spend the time in a way which you feel you need, e.g. a walk or some quiet time.

Below are the dates. To request a booking form email cjanemonk@yahoo.co.uk or Barberjohan@gmail.com.







Collage - imaginary landscapes.

Led by Johan

Saturday May 18th

Pottery with a Spring theme.

Led by potter Mandy Caldon

Saturday July 13th.

Sun Painting (Cyanotype)

Led by Artist Gabi Radiguet.

Saturday September 14th

Gell plate printing and card

making.

Led by artists Jane and Johan

Saturday November 23rd

Music Appreciation

Led by Musician and Artist Jane

Monk











